

**Bigger Faster Stronger Planning Meeting**  
**12-11-2007 at 5:00 P.M.**  
**BHS Media Center**

**Breckenridge Sports Boosters Mission Statement:** To support all levels of the Breckenridge Community Junior and Senior High athletic programs and enhance the atmosphere and opportunities for student athletes.

**Breckenridge Sports Booster Purpose:** To promote within the community a greater awareness of the accomplishments and needs of the athletic and extra-curriculum programs. To help school staff identify and prioritize the existing needs of the athletic programs and create new opportunities for students. To help the Breckenridge Community Schools by providing financial assistance and support.

**Goals:**

1. To give our students the dream of success and the motivation to achieve it and improve the student's attitudes.
2. To come together as a community to embrace the achievements of our school, teams and individual students and to set goals to succeed.
3. To determine how Breckenridge can best utilize the BFS seminars and programs or a similar program.
4. To motivate the maximum number of students as possible.
5. To strive harder to achieve success.

***BFS Be An 11 Chapter Areas:***

***Chapter 1 – Take Charge*** – On a scale of 1 to 10: Be an 11! You are responsible for your own greatness. Elevens take charge.

***Chapter 2 – What is an Eleven?*** – Discover what being an Eleven is all about, and why becoming an Eleven is not a matter of talent or intelligence.

***Chapter 3 – Getting Started*** – Take the first steps on your journey to becoming an Eleven.

***Chapter 4 – Choose to Be an 11*** – Discover how Elevens raise their sites and enjoy boundless opportunities for true happiness and success.

***Chapter 5 – Elevens Play Their Song*** – Learn how to play the song you came on earth to play.

***Chapter 6 – Be an 11 Athlete*** – Understand why it takes more than hard work during practices and giving your all at games to become an Eleven athlete.

***Chapter 7 – Be an 11 Student*** – Discover how to direct your academic life to build a satisfying future.

***Chapter 8 – Be an 11 Communicator*** – Acquire communication skills that will help you win respect, achieve your goals and reach out to the world.

***Chapter 9 – Be an 11 Socially*** – Learn how Elevens evaluate their behavior to achieve success in social situations.

***Chapter 10 – Be an 11 Leader*** – See how Elevens do the right thing at the right time to become leaders.

***Chapter 11 – Putting it All Together*** – Acquire the final skills necessary to prioritize your life to become an Eleven.

***Appendix 1 – Inspirational Articles***

***Appendix 2 – A Picture of the Big Picture***

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***Agenda:***

1. Introductions - quickly introduce yourself; tell your position and whether you attended the first BFS clinic.
2. Discuss what is currently being used, how it is used, and what the results are so far - Matt Chovanec, Kip Meeker and Don Gleesing.
3. What have coaches done, that have successful programs?
4. Why didn't the program continue before? What needs to be done differently now?
5. How can we implement the program, or portions of it, during the school day?
6. Watch parts of the BFS Introduction tape 2 (1 hour of total time on tape).
7. What can we do to motivate students to participate in BFS and/or any sport?
8. Do we want to have the BFS and Be-An-11 Clinic? Is there something else that will work better? Will we all commit to help promote and use it?
9. Set possible dates for a clinic
10. Set possible dates to visit facilities and programs.
11. How can volunteers help coaches?
12. Each coach needs to determine how they can use the program during the entire year, both in and out of season.

A web page will be developed shortly to allow easy retrieval of information related to BFS at Breckenridge. The page will be active later this week and may be viewed at:  
[http://www.huskiesports.net/about\\_bfs.html](http://www.huskiesports.net/about_bfs.html).